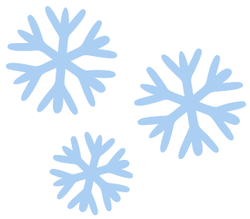
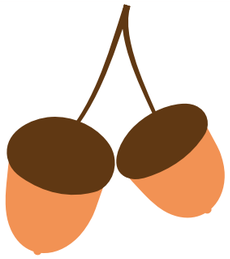
Calder & Rybrun Family Hubs
What's on Guide November 2026
Elland, Sowerby Bridge, Hebden Bridge

Family Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sowerby Bridge St Paul's Church Tower Hill, Sowerby Bridge, HX6 2EQ		**Stay and Play #4 #11** **9:30 am - 11:00 am** No need to book, just come along (0 - 5 years) Term Time Only		**Well Baby Drop-in Clinic** **09:30 am - 11:30 am** Just come along, no need to book. **Last available appointment: 10:45am** Term-time only **Baby Group #18 #42** **10:00 am - 11:30 am** No need to book, just come along (0 - 2 years)	 **Take a look at the hashtags next to the group names for extra ideas to do at home!**	 Check out "50 Things to do before you're 5!" at: https://www.50thingstodo.org #4 Make your Mark #11 Making Connections #18 Dance #42 The Rough and The Smooth #6 Rhyme Time #32 Where have I gone?
Elland Boxhall Road, Elland, HX5 0BB	**Baby & Toddler Group #6 #32** **9:30 am - 11:00 am** Held at Southgate Methodist Church Langdale Street, Elland HX5 0JL No need to book, just come along (0 - 5 years) Term Time Only **Lower Valley Family Support Team Advice Line** Please see 'group descriptions' for more information.	Lots of new Family Learning courses starting! Scan the code below:	 **Support Along the Spectrum** Support along the Spectrum is a 6-week programme aimed at supporting families where Autism, ADHD or both is a factor. All parents are welcome to attend. To find out more, please contact our Lower CalderValley Family Support Team on: 01422 652368	**Antenatal Clinic** **9am - 3pm** **Appointment only** Call 01484 355731 **Child Health Clinic** Suitable for children under five. **Appointment only** Call 03003045076	**Lower Valley Family Support Team Advice Line** Please see 'group descriptions' for more information. Scan the QR code to register with Family Hubs	**Support group for SEND children and their families Call 01422 652367 to book your place and for more information.**

Group Descriptions

Shining Stars

A welcoming and supportive group for children under 5 with SEND and their families. Join us for a relaxed, friendly session filled with engaging activities, as well as opportunities to connect with others and access support.
Held on the first Saturday of every month, 10:00-11:30am. To book your place, please call 01484 262051 - we'd love to see you there!

Lower Valley Family Support Team—Advice Line

If you're looking for advice, information, or a bit of extra support, our friendly team is here to help. Simply call 01422 652368 and a member of the team will get back to you - ready to listen and offer guidance.

Stay & Play (0-5 years)

Come along to our welcoming fun filled activity sessions for families. Enjoy a variety of activities including messy play, free play, and singing time - all designed to support your child's development while having lots of fun together.

Baby Group (0 -24 months)

A weekly supportive group with lots of fun activities to support baby's development.
No need to book—just come along!

Well Baby Drop-in

Pop in to see your Health Visitor and community nursery nurse in a relaxed and welcoming setting. You can have your baby weighed, ask questions, or chat about your baby's health and development - we're here to support you.
For more information, call Locala on 0300 304 5076.

Baby & Toddler Group

Join our friendly weekly group designed especially for babies and toddlers. Enjoy a relaxed, welcoming space filled with fun, engaging activities that support your child's development - and a chance to meet other parents too.
No need to book - just come along, we'd love to see you!