

Upper Calder Valley Family Hubs What's on Guide October 2026

Mytholmroyd, Hebden Bridge, Todmorden, Luddendenfoot, Heptonstall, Walsden, Midgeley

Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mytholmroyd St Michael's Church Hall, Church Street, Mytholmroyd, HX7 5DS	Baby & Toddler Group #22 #25 1:30 pm - 3:00pm No need to book, just come along! 0-5 years Term Time Only Well Baby Drop In Clinic 1:15 pm - 2:45 pm Last Appointment 2:30pm Term-time only				 Scan the QR code to register with Family Hubs	Family Fun Time Alternate months & Venues. 10:00 am - 12:00pm 0 - 8 years Please call 01422 252022 for date and venue information  Check out "50 Things to do before you're 5!" https://www.50thingstodo.org #1 Get to know you #22 My Secret Treasures #25 Creative Junk #24 Hop, Skip, and Jump #31 Boing #48 Natural Art #13 Shout and Shhh #19 Growing little people, plant and things Lots of new Family Learning courses starting! Scan the code below: 
Todmorden Todmorden Family Hub Todmorden Learning Centre & Community Hub Burnley Road, Todmorden, OL14 7BX Tel: 01706 399970 Todmorden Health Centre, Lower George Street, Todmorden, OL14 5RN (2nd Floor)		 Take a look at the hashtags next to the group names for extra ideas to do at home!	Family Support Book In Todmorden Family Hub 9:00 am – 12 noon Call 01706 399976 to book an appointment The Latch Clinic 10:00 am - 1:00 pm Appointment only Please call Locala on 03003045076 Stay & Play #24 #31 #48 Todmorden Health Centre 1:30 pm - 3:00 pm 0-2 years No need to book, just come along!	Breastfeeding Group #1 Todmorden Health Centre 10:00 am - 12 noon No need to book, just come along.  Support Along the Spectrum Support along the Spectrum is a 6-week programme aimed at supporting families where Autism, ADHD or both is a factor. All parents are welcome to attend. To find out more, please contact our Upper Calderdale Family Support Team on: 01706 399976	Well Baby Drop In Clinic Todmorden Health Centre drop-in 9:00 am - 11:00 am All year round Last Appointment available: 10:45am Baby Group #13 #19 Todmorden Health Centre 9:30 am - 11:00am 0-2 years No need to book, just come along! 	

Group Descriptions

Baby Group (0-24 months):

A weekly supportive group with lots of fun activities to support baby's development.
No need to book—just come along!

Well Baby Drop In Clinic

Pop in to see your Health Visitor and community nursery nurse in a relaxed and welcoming setting. You can have your baby weighed, ask questions, or chat about your baby's health and development - we're here to support you.
For more information, call Locala on 0300 304 5076.

Family Fun Time

Join us for a relaxed and welcoming session packed with free fun for the whole family! Designed for families with children aged 0-8, there's something for everyone to enjoy - from creative crafts and messy play to games, music, and more.
Held on alternate Saturdays - come along, get involved, and make some lovely family memories together!

Breastfeeding Groups

Join our friendly, relaxed breastfeeding groups where you can receive support and advice from experienced peer supporters. A welcoming space to ask questions, share experiences, and connect with other parents.

The Latch Clinic

Our Latch Clinic offers caring, one-to-one support if you're finding breastfeeding challenging. Whether you're having difficulty with latching, experiencing discomfort, or have questions about milk supply, we're here to help. Face-to-face appointments provide personalised support tailored to you and your baby.

Family Support Book-in

You can make an appointment to speak to a Family Support Worker for confidential advice and support on family issues. Book – Ins are held face to face at the family Hubs via appointment only. To book, please call 01706 399976.

Stay and Play (0-5 yrs)

Come along to our welcoming fun filled activity sessions for families. Enjoy a variety of activities including messy play, free play, and singing time - all designed to support your child's development while having lots of fun together.

Baby & Toddler Group

Join our friendly weekly group designed especially for babies and toddlers. Enjoy a relaxed, welcoming space filled with fun, engaging activities that support your child's development - and a chance to meet other parents too.
No need to book - just come along, we'd love to see you!