
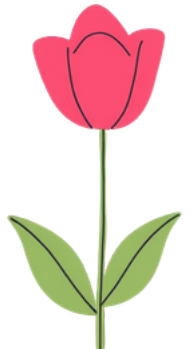









# Lower Calder Valley Family Hubs

## What's On Guide July 2026

Brighouse, Elland, Greetland, Stainland, Hipperholme, Lightcliffe and Rastrick

Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Elland</b> Elland Family Hub and Nursery Tel: 01422 652367 	<b>Elland Baby and Toddler Group</b> Where: Southgate Methodist Church, Langdale Street, Elland, HX5 0JL When? Every Monday 9.30-11am Please call 01422 652367 for further information		<b>Antenatal Clinic</b> When? All day Appointment only How to book - call 01484 355754	<b>Antenatal Clinic</b> When? All day How to book? Appointment only call 01484 355754  <b>Child Health Clinic</b> Suitable for children under five When? All day—appointment only How to book? Ring 03003045076	<b>Family Support Team Advice Line</b> If you need advice, information and support please ring 01422 652368 and a member of the team will call you back	<b>Shining Stars - 4th July 2026</b> Support group for children with SEN under the age of 9 and their families (First Saturday of every month) Where? Wellholme Park Family Hub When? 10am-11.30am How to book? Call 01484 262051 for more information
<b>Rastrick Area</b> Tel: 01484 652368 	<b>Baby and Toddler Group at The Space Community Centre, Rastrick #18 #42</b> A play session for parents/carers with children up to 5 years old When? 1.15pm – 2.45pm How to book? Just turn up  <b>Latch Clinic at The Space Community Centre, Rastrick</b> 1-2-1 Breastfeeding Support When? 1pm onwards –appointment only How to book? Ring 0300 304 5076			 <p>Take a look at the hashtags next to the group names for extra ideas to do at home!</p>	<b>FAMILY LEARNING COURSES</b> Scan the QR code or visit our website  If you have any queries contact 01422 342552  	<b>Shining Stars - 1st August 2026</b> Support group for children with SEN under the age of 9 and their families (First Saturday of every month) Where? Elland Community Hub When? 10am-11.30am How to book? Call 01484 262051 or 01422 652367 to book on and for more information
<b>Brighouse</b> Wellholme Park Family Hub and Nursery 01484 262051 	<b>Child Health Clinic</b> Suitable for parents with children under the age of five When? 9am-11.30am Just turn up - no need to make an appointment. 12pm-5pm appointment only please call 0300 304 5076 to book	<b>Antenatal Clinic</b> When? All day How to book? Appointment only call 01484 355754  <b>Nourish and Nurture Sessions</b> Drop in breastfeeding group, combine the art of Infant Massage and Breastfeeding When? 10am-11.30 am How to book? Just turn up	<b>Baby Group #13 #19</b> A play session for parents/carers with children from birth to just walking When? Every Wednesday 10.00am to 11.30am How to book? No need to book – just turn up!	<b>Baby &amp; Me</b> 5 week course for parents with children under 6 months followed by a 5 week baby massage course. New Dates to Follow		 <p>Check out "50 Things to do before you're 5!" at: <a href="https://www.50thingstodo.org">https://www.50thingstodo.org</a></p> <p>#13 Shout and Shhh                      #19 Growing little people, plant and things                      #18 Dance                      #42 The Rough and the Smooth</p>

As part of Family Hub's Safeguarding policy mobile phones, cameras or any recording equipment are not to be used whilst in the Family Hub's reception and waiting areas, or in any of the groups, creches, nursery settings. Thank you for your cooperation. Visit [calderdalefamilyhubs.org.uk](http://calderdalefamilyhubs.org.uk)

Scan the QR code to register with Family Hubs



# Group Descriptions

## **Baby and Toddler Group**

A weekly supportive group with lots of fun activities to support your child's early development.  
No need to book - just come along. This is now free.

## **Child Health Clinic**

Suitable for children under 5yrs. Call 0300 3045 076 to book your appointment.

## **Shining Stars**

A fantastic and free support group for SEND children under the age of 5 and their families on the first Saturday of every month. The class runs between 10 - 11.30am. Call 01484 262051 to book.

## **Lower Calder Valley Family Support Team Advice Line**

If you need advice, information and support please ring 01422 652368 and a member of the team will call you back.

## **Antenatal Clinic**

Appointment only. Please call 01484 355754 to book your appointment.

## **Baby and Me**

A course designed to empower and support you on the incredible adventure of parenthood by creating a strong foundation for both you and your little one.

## **Breastfeeding Support Group**

Come along for a chat and a cuppa. Support offered for all feeding questions between 10.00am – 11.30am. No booking required - just turn up.