

# Calder & Ryburn Family Hubs

## What's on Guide July 2026

Elland, Sowerby Bridge, Hebden Bridge

Family Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sowerby Bridge</b> St Paul's Church Tower Hill, Sowerby Bridge, HX6 2EQ 		<b>Stay &amp; Play #4 #11</b> 9:30 am - 11:00 am Just come along No need to book (0-5 years)		<b>Well Baby Drop-in Clinic</b> 09:30 am - 11:30 am Just come along, no need to book. Last available appointment: 10:45am Term-time only <b>Baby Group #18 #42</b> 10:00 am - 11:30 am No need to book, just come along (0 - 2 years)	<p>Take a look at the hashtags next to the group names for extra ideas to do at home!</p>	Support group for SEND children and their families Call 01422 652367 to book your place and for more information.
<b>Elland</b> Boxhall Road, Elland, HX5 0BB 	<b>Baby &amp; Toddler Group #6 #32</b> 9:30 am—11:00 am Held at Southgate Methodist Church Langdale Street, Elland HX5 0JL No need to book just turn up  Lower Valley Family Support Team – Advice Line Please see 'group descriptions' for more information.	Lots of new Family Learning courses starting! Scan the code below: 	<b>Antenatal Clinic</b> All day Appointment only call 01484 355731  	<b>Antenatal Clinic</b> All day Appointment only call 01484 355731  <b>Child Health Clinic</b> Suitable for children under five. Appointment only Call 03003045076	<b>Lower Valley Family Support Team Advice Line</b> Please see 'group descriptions' for more information.	<p>Check out "50 Things to do before you're 5!" at:  <a href="https://www.50thingstodo.org">https://www.50thingstodo.org</a></p> <p>#4 Make your Mark                      #11 Making Connections                      #18 Dance                      #42 The Rough and The Smooth                      #6 Rhyme Time                      #32 Where have I gone?</p>

Scan the QR code to register with Family Hubs



# Group Descriptions

## **Baby & Me Massage**

5 weeks Baby and Me sessions followed by 5 weeks Baby Massage facilitated by an IAIM facilitator  
Appropriate for babies under 6 months.

## **Shining Stars**

Support group for SEN children and their families. Call  
01484 262051 to book a place.

## **Lower Valley Family Support Team—Advice Line**

If you need advice, information and support please ring 01422 652368 and a member  
of the team will call you back on either a Monday or a Friday.

## **Stay & Play**

Fun filled activity sessions for families, includes messy play, free play and singing time.

## **Baby Group (0-24 months)**

A weekly supportive group with lots of fun activities to support baby's development.  
No need to book—just come along!

## **Well Baby Drop-in**

Pop in to see your Health Visitor and community nursery nurse in a relaxed and welcoming setting. You can have your baby weighed, ask questions, or chat about your baby's health and development - we're here to support you.  
For more information, call Locala on 0300 304 5076.