
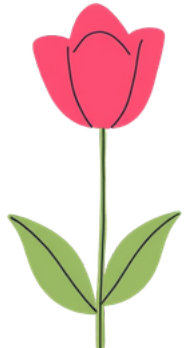







Lower Calder Valley Family Hubs

What's On Guide May 2026

Brighouse, Elland, Greetland, Stainland, Hipperholme, Lightcliffe and Rastrick

Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Elland Elland Family Hub and Nursery Tel: 01422 652367 	Elland Baby and Toddler Group Where: Southgate Methodist Church, Langdale Street, Elland, HX5 0JL When? Every Monday 9.30-11am Please call 01422 652367 for further information		Antenatal Clinic When? All day Appointment only How to book - call 01484 355754	Antenatal Clinic When? All day How to book? Appointment only call 01484 355754 Child Health Clinic Suitable for children under five When? All day—appointment only How to book? Ring 03003045076	Family Support Team Advice Line If you need advice, information and support please ring 01422 652368 and a member of the team will call you back	Shining Stars -9th May 2026 (later due to the bank holiday) Support group for children with SEN under the age of 5 and their families (First Saturday of every month) When? Saturday 9 th May 2026 At Wellholme Park Family Hub 10am-11.30am How to book? Call 01484 262051 for more information Shining Stars - 6th June 2026 Support group for children with SEN under the age of 5 and their families (First Saturday of every month) When? Saturday 6 th June at Elland 10am-11.30am How to book? Call 01484 262051 for more information
Rastrick Area Tel: 01484 652368 	Baby and Toddler Group at The Space Community Centre, Rastrick A play session for parents/carers with children up to 5 years old When? 1.15pm – 2.45pm How to book? Just turn up Latch Clinic at The Space Community Centre, Rastrick 1-2-1 Breastfeeding Support When? 1pm onwards –appointment only How to book? Ring 0300 304 5076				FAMILY LEARNING COURSES Scan the QR code or visit our website If you have any queries contact 01422 251090 	
Brighouse Wellholme Park Family Hub and Nursery 01484 262051 	Child Health Clinic Suitable for parents with children under the age of five When? 9am-11.30am Just turn up - no need to make an appointment. 12pm-5pm appointment only please call 0300 304 5076 to book	Antenatal Clinic When? All day How to book? Appointment only call 01484 355754 Nourish and Nurture Sessions Drop in breastfeeding group, combine the art of Infant Massage and Breastfeeding When? 10am-11.30 am How to book? Just turn up	Baby Group A play session for parents/carers with children from birth to just walking When? Every Wednesday 10.00am to 11.30am How to book? No need to book – just turn up!	Baby & Me 5 week course for parents with children under 6 months followed by a 5 week baby massage course. New Dates to Follow		

Group Descriptions

Baby and Toddler Group

A weekly supportive group with lots of fun activities to support your child's early development.
No need to book - just come along. This is now free.

Child Health Clinic

Suitable for children under 5yrs. Call 0300 3045 076 to book your appointment.

Shining Stars

A fantastic and free support group for SEND children under the age of 5 and their families on the first Saturday of every month. The class runs between 10 - 11.30am. Call 01484 262051 to book.

Lower Calder Valley Family Support Team Advice Line

If you need advice, information and support please ring 01422 652368 and a member of the team will call you back.

Antenatal Clinic

Appointment only. Please call 01484 355731 to book your appointment.

Baby and Me

A course designed to empower and support you on the incredible adventure of parenthood by creating a strong foundation for both you and your little one.

Breastfeeding Support Group

Come along for a chat and a cuppa. Support offered for all feeding questions between 10.00am – 11.30am. No booking required - just turn up.