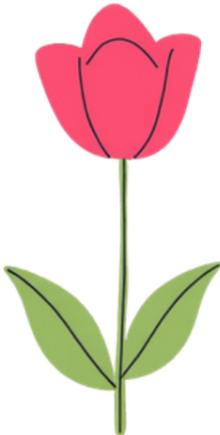


# Upper Calder Valley Family Hubs

## What's on Guide March 2026

Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Mytholmroyd</b>  <b>St Michael's Church Hall,</b> Church Street, Mytholmroyd, HX7 5DS	<b>Baby &amp; Toddler Group*</b> <b>1:30 pm - 3:00 pm</b> Just come along No need to book (0-5 years) <b>Well Baby Clinic</b> <b>1:30 pm - 3:00 pm</b> (Runs alongside Baby & Toddler Group)					<b>Family Fun Time</b> Alternate months & alternative venues. <b>10:00 am - 12 pm</b> No need to book, just come along (0-8 years) Please call 01706 399970 for date and venue information.
<b>Todmorden</b>  <b>Todmorden Family Hub</b> Todmorden Learning Centre & Community Hub Burnley Road, Todmorden, OL14 7BX Tel: 01706 399970  <b>Todmorden Health Centre,</b> Lower George Street, Todmorden, OL14 5RN <b>(2nd Floor)</b>			<b>Family Support Book In*</b> <b>Todmorden Family Hub</b> <b>9:00 am – 12 noon</b> Call 01706 399976 to book an appointment  <b>The Latch Clinic*</b> <b>10:00 am - 1:00 pm</b> Appointment only <b>Please call Locala on 03003045076</b>  <b>Stay &amp; Play*</b> <b>Todmorden Health Centre</b> <b>1:30 pm - 3:00 pm</b> Just come along No need to book <b>(0-5 years)</b>	<b>Breastfeeding Group*</b> <b>Todmorden Health Centre</b> <b>10:00 am - 12 noon</b> No need to book, just come along.	<b>Baby Clinic</b> <b>Todmorden Health Centre</b> drop-in <b>9:00 am - 11:00 am</b>  <b>Baby Group*</b> <b>Todmorden Health Centre</b> <b>9:30 am - 11:00 am</b> No need to book, just come along (0 - 2 years)	<b>Lots of new Family Learning courses starting!</b> <b>Scan the code below:</b>    

# Group Descriptions

## **Baby Group (0-24 months):**

A weekly supportive group with lots of fun activities to support baby's development.

No need to book—just come along!

Baby & Toddler Group : 0-5years. Fun activities suitable for ages 0 - 5.

## **Well Baby Clinic**

The Well Baby Clinic is led by Community Nursery Nurses and is open from 1:30 pm - 3:00 pm, with the last appointment available at 3:00pm during term time only.

This is a drop-in session for health advice, support, and baby weighing.

## **Family Fun Time**

Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more! Runs on alternate Saturdays.

## **Breastfeeding Groups**

For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

## **The Latch Clinic**

The Latch Clinic has been set up to offer support If you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.

## **Family Support Book-in**

Make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01706 399976.

## **Stay and Play (0-5 yrs)**

A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.