









Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pellon Creations Family Hub and Nursery 01422 434006 	Antenatal Clinic When? 9.00am-4.30pm How to book? Call 01422 261351 Appointment only	Baby & Toddler Group Up to 4 years old When? 9.15-10.45am Term time only No booking required First session free then £1.60 per family	Antenatal Clinic When? 9.00am-4.30pm How to book? Call 01422 261351 Appointment only Child Health Clinic When? 9.30am-1.00pm How to book? Call 0300 3045 076 Appointment only		Family Learning Courses Scan the QR code or visit our website  If you have any queries contact 01422 251090	ONE FOR ALL SEN GROUP Saturday 14th February 10am-11.30AM Ash Green Family Hub Booking only, please call 01422 243941 ONE FOR ALL SEN GROUP Saturday 21st February 10am-11.30AM Kevin Pearce Family Hub Booking only, please call 01422 252209 ONE FOR ALL SEN GROUP Saturday 28th February 10am-11.30AM Creations Family Hub Booking only, please call 01422 434006
Mixenden Ash Green Family Hub and Nursery 01422 243941 	Child Health Clinic When? Every other Monday 9.30am -12.30pm At Ash Green Vicarage How to book? Appointment only Call 03003045076			Antenatal Clinic When? 9.30am-5.00pm How to book? Appointment only Telephone 01422 261351 Baby & Toddler Group When? 9.30am-11.00am. Term time only At Holy Nativity Church No booking required First session free then £1.60 per family		
Illingworth Illingworth Family Hub 01422 243633 		Goldfish SEND Support Group Peer support and sensory stay and play sessions When? 9.30-11.30am the second & fourth Tuesday of every month No booking required and sessions are FREE!	Antenatal Clinic When? 9.00am-4.00pm How to book? Call 01422 261351 Appointment only Baby & Toddler Group Drop in stay and play activity session 0-3 years When? 9.30-11.00am Term time only £1.60 per family	Child Health Clinic Clinic to weigh your baby and seek advice of health visitors When? Every Thursday 9.30am-12.30am How to book? Call 0300 3045076 Appointment only	Nourish and Nurture Sessions Drop in breast feeding group, combine the art of Infant Massage and breastfeeding When? 10am-12am No booking required. Call 03003045076 for more info. Latch Clinic Support with breastfeeding and latching When? 1pm-2pm How to book? Call 03003045076 to make an appointment.	
Ovenden Innovations Family Hub and Nursery 01422 248222 	Antenatal Clinic When? 9.00am-4.00pm How to book? Call 01422 261351 Appointment only	Antenatal Clinic When? 9.00am-4.00pm How to book? Call 01422 261351 Appointment only	BABY & ME 5 week course for parents with children under 6 months followed by a 5 week baby massage course. Various locations and times. Scan the QR code for options: 	Child Health Clinic Clinic to weigh your baby and seek advice of health visitors When? 9.00am-12.30pm How to book? Call 0300 3045076 Appointment only	Baby & Toddler Group When? 9.15-10.45am Term time only No booking required First session free then £1.60 per family	
Ovenden Kevin Pearce Family Hub and Nursery 01422 252209 	"Have your say" We have regular meetings for our Parents Forum and Stakeholder Locality How to book? Contact Leanne Hartney on 01422 252209 Noah's Ark Counselling Service 8.00am - 12.00pm Booking only -07732453775	Family Support Team Parent call back service When? All day every Tuesday How to book? Contact Family Support Team on 01422 251090 Well Baby Clinic Based in the annexe building When? Drop in 9.30-11.30 Noah's Ark Counselling Service When? 9.00am-5.00pm How to book? Call 07732453775 Bookings only	Family Support Team Parent call back service When? All day every Wednesday How to book? Contact Family Support Team on 01422 251090 Better Living Team Annexe Building When? 1.00pm-4.00pm How to book? Appointment only to meet face to face. Call 01422 230230 to speak to the Better Living Team.	Antenatal & Postnatal Clinic When? 8.30am-5.00pm How to book? Call 01422 261351 Appointment only	Baby & Toddler Group Kevin Pearce Annexe When? 1.20pm-2.40pm. Term time only No booking required First session free then £1.60 per family Better Living Team Based at the annexe building When? 9.00am-12.00pm How to book? Appointment only to meet face to face. Call 01422 230230 to speak to the Better Living Team	
Northowram and Shelf Northowram and Shelf Family Hub 01422 434006 		Child Health Clinic When? 9.00am-3.00pm How to book? Call 0300 3045 076	Child Health Clinic When? 9.00am-3.00pm How to book? Call 0300 3045 076 Appointment only	Baby & Toddler Group When? 1.30-3.00pm Term time only £1.60 per family How to book? No booking required First session free then £1.60 per family		

Group Descriptions

Baby and Toddler Group

Suitable for children aged 0-5 years. Fun sessions to help support your child's development. Each session will be themed differently. No need to book just turn up. Cost - £1.60 (first session free). Term time only.

Nourish and Nurture

Nourish and Nurture sessions combine the art of Infant Massage with support and information about breastfeeding and are aimed at parents whose babies are receiving any amounts of breast milk.

The Latch Clinic

The Latch Clinic has been set up to offer support if you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breastmilk. Appointments are face-to-face and on a one-to-one basis.

Strengthening Families, Strengthening Communities

Our 13 week accredited parenting programme where we discuss child development, improving relationships and positive behaviour management techniques.

Getting Ready for Baby

A 3 week course run by health colleagues, supported by Family Hubs staff, providing information on how to prepare for a new baby and much more, including a baby massage session.

One for All SEND Group

A free, fun and fully inclusive family morning of activities, a light snack and chance to ask questions and share knowledge. For families with a child or teenager with additional needs aged 0-18yrs. All sessions 10-11.30am.

Baby and Me

A course designed to empower and support you on the incredible adventure of parenthood by creating a strong foundation for both you and your little one.

Child Health Clinic

Suitable for children under 5yrs. Appointments only. Call 0300 3045 076 to book your appointment.

North Halifax Family Support Team - Advice Line

A parent call back service offering support for various issues. Available all day every Wednesday. Call the Family Support Team on 01422 251090.

Better Living Team

The Better Living Team can help with; stopping smoking, expecting and new mums, alcohol awareness, losing weight and eating well, how to get active and stay fit. Call 01422 230230 to speak to a member of the Better Living Team.