

Lower Calder Valley Family Hubs

What's On Guide February 2026

Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Elland
Elland Family Hub
and Nursery

Tel: 01422 652367



Elland Baby and Toddler Group
Where: Southgate Methodist Church, Langdale Street, Elland, HX5 0JL
When? Every Monday 9.30-11am
Cost: £1.50 per family
Please call 01422 652367 for further information

Antenatal Clinic
When? All day Appointment only
How to book - call 01484 355754

Antenatal Clinic
When? All day
How to book? Appointment only call 01484 355754

Child Health Clinic
Suitable for children under five
When?
All day—appointment only
How to book?
Ring 03003045076

Lower Valley Family Support Team
Advice Line
If you need advice, information and support please ring 01422 652368 and a member of the team will call you back

Shining Stars - 7th February 2026
Support group for children with SEN under the age of 5 and their families
(First Saturday of every month)
When?
Saturday 7th February at Elland 10am-11.30am
How to book?
Call 01484 262051 for more information
Cost? Free

Rastrick Area
Tel: 01484 652368



Baby and Toddler Group at The Space Community Centre, Rastrick
A play session for parents/carers with children up to 5 years old
When? 1.15pm – 2.45pm
How to book? Just turn up
Cost? £1.50 per family

Latch Clinic at The Space Community Centre, Rastrick
1-2-1 Breastfeeding Support
When? 1pm onwards—appointment only
How to book? Ring 0300 304 5076

FAMILY LEARNING COURSES

Scan the QR code or visit our website

If you have any queries contact 01422 251090



Shining Stars -7th March 2026
Support group for children with SEN under the age of 5 and their families
(First Saturday of every month)
When?
Saturday 7th March 2026 At Wellholme 10am-11.30am
How to book?
Call 01484 262051 for more information
Cost? Free

Brighouse
Wellholme Park Family Hub and Nursery
01484 262051



Child Health Clinic
Suitable for parents with children under the age of five
When?
9am-11.30am
Just turn up - no need to make an appointment.
12pm-5pm appointment only please call 0300 304 5076 to book

Antenatal Clinic
When? All day
How to book? Appointment only: call 01484 355754

Nourish and Nurture Sessions
Drop in breastfeeding group, combine the art of Infant Massage and Breastfeeding
When? 10am-11.30 am
How to book? Just turn up

Baby Group
A play session for parents/carers with children from birth to just walking
When? Every Wednesday 10.00am to 11.30am
How to book? No need to book – just turn up!
Cost? £1.50 per family

Baby & Me
5 week course for parents with children under 6 months followed by a 5 week baby massage course.
Various locations and times.
Scan the QR code for options.

Group Descriptions

Baby and Toddler Group

A weekly supportive group with lots of fun activities to support your child's early development. No need to book - just come along. First group free then only £1.50 per family.

Child Health Clinic

Suitable for children under 5yrs. Call 0300 3045 076 to book your appointment.

Shining Stars

A fantastic and free support group for SEND children under the age of 5 and their families on the first Saturday of every month. The class runs between 10 - 11.30am. Call 01484 262051 to book.

Lower Calder Valley Family Support Team Advice Line

If you need advice, information and support please ring 01422 652368 and a member of the team will call you back.

Antenatal Clinic

Appointment only. Please call 01484 355731 to book your appointment.

Baby and Me

A course designed to empower and support you on the incredible adventure of parenthood by creating a strong foundation for both you and your little one.

Breastfeeding Support Group

Come along for a chat and a cuppa. Support offered for all feeding questions between 10.00am – 11.30am. No booking required - just turn up.