

# Lower Calder Valley Family Hubs

## What's On Guide February 2026

Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Elland</b> <b>Elland Family Hub and Nursery</b> Tel: 01422 652367 	<b>Elland Baby and Toddler Group</b> <b>Where:</b> Southgate Methodist Church, Langdale Street, Elland, HX5 0JL <b>When?</b> Every Monday 9.30-11am <b>Cost:</b> £1.50 per family <b>Please call 01422 652367 for further information</b>		<b>Antenatal Clinic</b> <b>When?</b> All day Appointment only <b>How to book?</b> call 01484 355754	<b>Antenatal Clinic</b> <b>When?</b> All day <b>How to book?</b> Appointment only call 01484 355754  <b>Child Health Clinic</b> Suitable for children under five <b>When?</b> All day—appointment only <b>How to book?</b> Ring 03003045076	<b>Lower Valley Family Support Team Advice Line</b> If you need advice, information and support please ring 01422 652368 and a member of the team will call you back	<b>Shining Stars - 7<sup>th</sup> February 2026</b> Support group for children with SEN under the age of 5 and their families <b>(First Saturday of every month)</b> <b>When?</b> Saturday 7 <sup>th</sup> February at Elland 10am-11.30am <b>How to book?</b> Call 01484 262051 for more information <b>Cost?</b> Free
<b>Rastrick Area</b> Tel: 01484 652368 	<b>Baby and Toddler Group at The Space Community Centre, Rastrick</b> A play session for parents/carers with children up to 5 years old <b>When?</b> 1.15pm – 2.45pm <b>How to book?</b> Just turn up <b>Cost?</b> £1.50 per family  <b>Latch Clinic at The Space Community Centre, Rastrick</b> 1-2-1 Breastfeeding Support <b>When?</b> 1pm onwards –appointment only <b>How to book?</b> Ring 0300 304 5076				<b>FAMILY LEARNING COURSES</b> Scan the QR code or visit our website  If you have any queries contact 01422 251090 	<b>Shining Stars -7th March 2026</b> Support group for children with SEN under the age of 5 and their families <b>(First Saturday of every month)</b> <b>When?</b> Saturday 7 <sup>th</sup> March 2026 At Wellholme 10am-11.30am <b>How to book?</b> Call 01484 262051 for more information <b>Cost?</b> Free
<b>Brighouse Wellholme Park Family Hub and Nursery</b> 01484 262051 	<b>Child Health Clinic</b> Suitable for parents with children under the age of five <b>When?</b> 9am-11.30am Just turn up - no need to make an appointment. 12pm-5pm appointment only please call 0300 304 5076 to book	<b>Antenatal Clinic</b> <b>When?</b> All day <b>How to book?</b> Appointment only: call 01484 355754  <b>Nourish and Nurture Sessions</b> Drop in breastfeeding group, combine the art of Infant Massage and Breastfeeding <b>When?</b> 10am-11.30 am <b>How to book?</b> Just turn up	<b>Baby Group</b> A play session for parents/carers with children from birth to just walking <b>When?</b> Every Wednesday 10.00am to 11.30am <b>How to book?</b> No need to book – just turn up! <b>Cost?</b> £1.50 per family	<b>Baby &amp; Me</b> 5 week course for parents with children under 6 months followed by a 5 week baby massage course. <b>Various locations and times.</b> Scan the QR code for options.		

# Group Descriptions

## Baby and Toddler Group

A weekly supportive group with lots of fun activities to support your child's early development. No need to book - just come along. First group free then only £1.50 per family.

## Child Health Clinic

Suitable for children under 5yrs. Call 0300 3045 076 to book your appointment.

## Shining Stars

A fantastic and free support group for SEND children under the age of 5 and their families on the first Saturday of every month. The class runs between 10 - 11.30am. Call 01484 262051 to book.

## Lower Calder Valley Family Support Team Advice Line

If you need advice, information and support please ring 01422 652368 and a member of the team will call you back.

## Antenatal Clinic

Appointment only. Please call 01484 355731 to book your appointment.

## Baby and Me

A course designed to empower and support you on the incredible adventure of parenthood by creating a strong foundation for both you and your little one.

## Breastfeeding Support Group

Come along for a chat and a cuppa. Support offered for all feeding questions between 10.00am – 11.30am. No booking required - just turn up.