




Calder & Ryburn Family Hubs

What's On Guide February 2026

Family Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sowerby Bridge St Paul's Church Tower Hill, Sowerby Bridge, HX6 2EQ 		Stay & Play 9:30 am - 11:00 am Just come along No need to book (0-5 years)		Well Baby Drop-in 09:30 am - 11:30 am Just come along, no need to book Baby Group 10:00 am - 11:30 am No need to book, just come along (0 - 2 years)		Shining Stars Saturday 7th February 10-11.30am Support group for SEND children and their families Call 01422 652367 to book your place
Elland Boxhall Road, Elland, HX5 0BB 	Baby & Toddler Group 9:30 am—11:00 am Held at Southgate Methodist Church Langdale Street, Elland HX5 0JL No need to book just turn up Cost—£ 1.50 (first session free) Lower Valley Family Support Team — Advice Line Please see 'group descriptions' for more information.	Lots of new Family Learning courses starting! Scan the code below: 	Antenatal Clinic All day Appointment only call 01484 355731	Antenatal Clinic All day Appointment only call 01484 355731 Child Health Clinic Suitable for children under five. Appointment only Call 03003045076	Lower Valley Family Support Team—Advice Line Please see 'group descriptions' for more information.	

Group Descriptions

Baby & Me Massage

5 weeks Baby and Me sessions followed by 5 weeks Baby Massage facilitated by an IAIM facilitator
Appropriate for babies under 6 months.

Shining Stars

Support group for SEN children and their families. Call
01484 262051 to book a place.

Lower Valley Family Support Team—Advice Line

If you need advice, information and support please ring 01422 652368 and a member
of the team will call you back on either a Monday or a Friday.

Stay & Play

A rolling programme of
fun-filled activities for families, includes messy play, free play and singing time.

Baby Group

A weekly supportive group with lots of fun activities to support baby's development.
No need to book—just come along!

Well Baby Drop-in

Meet your health visitor for baby weighing or to discuss your babies health. Call Locala 03003045076